

Mazeri → Ushba (Shdugra) Waterfall

14 km return · 5-6 hours · moderate · Samegrelo and Upper Svaneti, Mestia municipality

Why Go

Ushba, a twin-headed peak of 4,710 metres, is considered one of the hardest mountains in the Caucasus. Happily, you do not need to climb anything to see it up close.

What Matters

The final section crosses a boulder field. Set off early: after midday, cloud often swallows Ushba entirely.

The Route Stage by Stage

1

Mazeri to the Dolra Valley

2.5 km · 50 min

A path from the village through forest along the river. Signposts exist but are sparse.

2

Valley to the Trailside Cafe

2 km · 45 min

The only place with tea and food on the route. There is no service beyond it.

3

Cafe to the Boulder Field

1.5 km · 50 min · ascent 120 m

The forest ends and an open slope opens up with a view of the Ushba wall.

4

Boulder Field to Shdugra Waterfall

1 km · 45 min

Hopping from boulder to boulder. Poles and attention to your footing are essential.

What to Take With You

- ✓ Trekking poles for the boulder field
- ✓ Warm layer: glacial wind at the falls
- ✓ An early start before the cloud arrives
- ✓ Boots with ankle support
- ✓ Two litres of water
- ✓ Cash in lari for the cafe

Route Reference

5 points · elevation · coordinates · season · transport

Route Points

Point	Elevation	What It Is	GPS (latitude, longitude)
Mazeri	1500 ♂	village, guesthouses	43.0530, 42.6180 approximate
Dolra valley	1600 ♂	riverside path	43.0640, 42.6220 approximate
Trailside cafe	1700 ♂	tea, food, toilet	43.0730, 42.6270 approximate
Boulder field	1820 ♂	field of large rocks	43.0830, 42.6310 approximate
Shdugra Waterfall	1950 ♂	view of both Ushba summits	43.0900, 42.6350 approximate

Season

June to October, with July and August the peak. Snow is possible on the approach in early June.

Getting There

Marshrutka or taxi from Mestia to Mazeri, about 25 kilometres. Arrange the return trip in advance.

How to Use the Coordinates

The format is latitude, longitude and pastes into a maps search exactly as it appears. Navigation apps do not always recognise these villages by name, so save the points in advance and download an offline map of Georgia. Coordinates point in a straight line, but you walk the path.

Emergency services in Georgia: 112

The same number reaches mountain rescue. Tell someone in town your route and the time you promised to be back.