

Juta → Chaukhi Pass → Abudelaury → Roshka

22 km · 2 days · above average difficulty · Mtskheta-Mtianeti, Kazbegi and Dusheti municipalities

Why Go

The only route in this collection where you cross the main ridge over a pass above 3,300 metres and descend to three lakes of different colours in two days.

Who Should Skip It

Beginners with no experience. There is scree, snow lies on the saddle until mid-July, and the mobile signal disappears above Juta.

The Route Stage by Stage

1

Day One. Juta to Chaukhi Pass

8 km · 5-6 h · ascent 1,150 m

A climb along the river, then switchbacks up a grassy slope. The last 200 metres are scree or snow, so poles are essential.

2

Day One. Descent to the Lakes

4 km · 2 h · descent 530 m

From the saddle you see both sides of the ridge. The descent leads into the Abudelaury valley, with camp at the Green Lake.

3

Day Two. Three Lakes

3.5 km · 2 h

Green, then Blue 235 metres on, then White another 1.4 kilometres further. The colours come from rock particles suspended in the water.

4

Day Two. Descent to Roshka

6.5 km · 3 h · descent 700 m

An easy descent down the valley to the village, where the gravel road ends and you can catch a lift.

What to Take With You

- ✓ Trekking poles for scree and snow
- ✓ Tent and sleeping bag rated to zero
- ✓ Two litres of water: no springs on the pass
- ✓ Warm layer: 3,300 m is cold even in August
- ✓ Offline map: no signal above Juta
- ✓ Cash in lari: no card terminals in the villages

Route Reference

7 points · elevation · coordinates · season · transport

Route Points

Point	Elevation	What It Is	GPS (latitude, longitude)
Juta	2200 ♂	village, guesthouses, end of the road	42.5450, 44.7550 approximate
Camp below the pass	2700 ♂	flat pitches, stream	42.5440, 44.7750 approximate
Chaukhi Pass	3338 ♂	highest point of the route	42.5420, 44.7950 approximate
Green Lake	2600 ♂	glacial, first one from Roshka	42.54328, 44.83958
Blue Lake	2600 ♂	deep, 235 m from the Green Lake	42.54448, 44.83722
White Lake	2600 ♂	mineral suspension, shrinks by August	42.54617, 44.81994
Roshka	1900 ♂	village, end of the gravel road	42.5050, 44.8700 approximate

Season

Realistically walkable from mid-July to late September. In June there is snow on the pass, in October there is a risk of snowfall.

Getting There

Marshrutka from Tbilisi to Stepantsminda, roughly 3 hours. Then a four-wheel drive to Juta. From Roshka, a car to the main road.

How to Use the Coordinates

The format is latitude, longitude and pastes into a maps search exactly as it appears. Navigation apps do not always recognise these villages by name, so save the points in advance and download an offline map of Georgia. Coordinates point in a straight line, but you walk the path.

Emergency services in Georgia: 112

The same number reaches mountain rescue. Tell someone in town your route and the time you promised to be back.